

THE PROCESS OF

Letting
Go

DIGITAL PLANNER

BY JENEÉ ROYALTY PRICE



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Content

YEARLY CALENDARS

Annual calendars for 2022, 2023 and 2024 are included for reference. Please note that the first day of the week begins on Monday with these calendars.

BLANK CALENDARS FOR TWO MONTHS

Blank calendars are included to cover the duration of eight weeks. They are blank to provide flexibility for whenever you choose to begin tracking your days.

WEEKLY PLANNING SHEETS

Planning sheets for each week are included, along with guided prompts to encourage weekly goal setting, reflection, and positive thinking. Lined pages are also included for note-taking.

Affirmation

I, _____ AM A PERSON OF
(name)

ABUNDANCE, FAVOR, AND
PROSPERITY.

I DESIRE TO LIVE A LIFE
FULL OF



I KNOW THAT I HAVE PURPOSE
AND WILL MANIFEST
GREATNESS.

I CLAIM VICTORY OVER EVERY
TRIAL AND TRIBULATION SET
BEFORE ME.

I AM AN OVERCOMER

DATE _____

Calendar 2022

JANUARY

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY

Mo	Tu	We	Th	Fr	Sa	Su
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6	7	8	9	10	11	12
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27	28					

MARCH

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APRIL

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MAY

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29	30	31				

JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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Calendar 2023

JANUARY

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FEBRUARY

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MARCH

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APRIL

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MAY

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30	31					

JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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Calendar 2024

JANUARY

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FEBRUARY

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26	27	28	29			

MARCH

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APRIL

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29	30					

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17	18	19	20	21	22	23
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JULY

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15	16	17	18	19	20	21
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29	30	31				

AUGUST

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SEPTEMBER

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

“

“Success is
being able to move
forward in spite of
failures, obstacles, and
lack.”

~Ms. Royalty

”

THU	FRI	SAT	SUN

Week

SUNDAY:

Call Me Ms. Royalty

MONDAY

TUESDAY



What are your words of affirmation for the week? Write them down, place them somewhere you can see it throughout the day. Repeat them over and over again!

of _____

WEDNESDAY

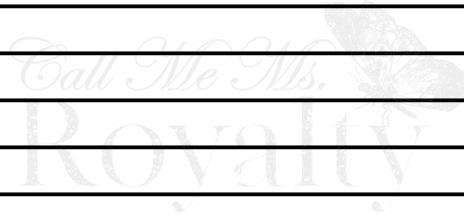
THURSDAY

FRIDAY

SATURDAY

Gratitude

The week's achievements...

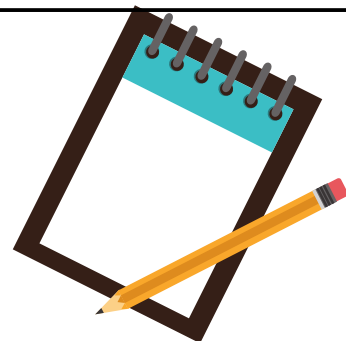


Something I learned this week is...

Something I want to learn more about is...

Something I am grateful for is...

Grateful



Date:

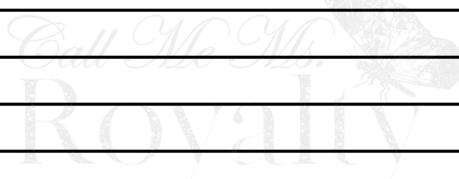
/ /

“Wait on the Lord: be of good courage, and He shall strengthen thine heart:
Wait, I say, on the Lord.”
- Psalm 27:14

Week

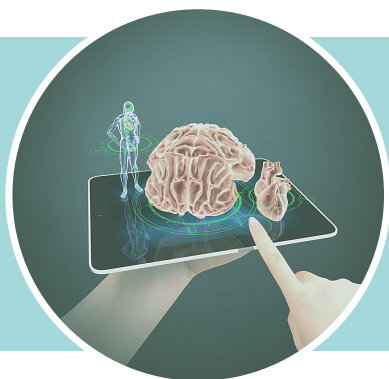
SUNDAY:

Call Me Royalty



MONDAY

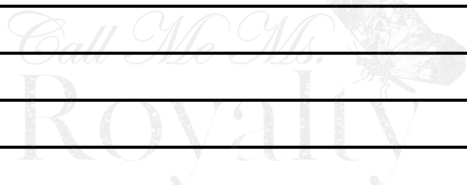
TUESDAY



What negative thoughts have I encountered today?
What positive thoughts can replace them?

of _____

WEDNESDAY



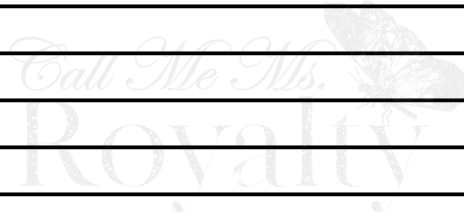
THURSDAY

FRIDAY

SATURDAY

Gratitude

The week's achievements...

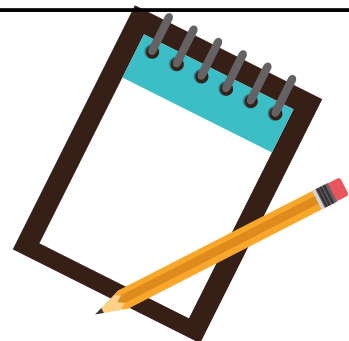


Something I learned this week is...

Something I want to learn more about is...

Something I am grateful for is...

Fearless



Date: / /

“Wait on the Lord: be of good courage, and He shall strengthen thine heart:
Wait, I say, on the Lord.”
- Psalm 27:14

Week

SUNDAY:

Call Me Ms. Royalty

MONDAY

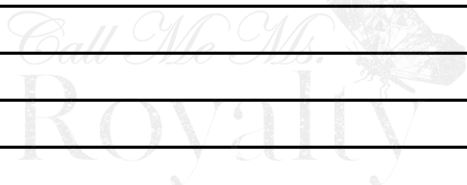
TUESDAY



"How am I feeling right now?"
Process every emotion. If you're feeling less than positive, do something healthy to reach a more joyful place.

of _____

WEDNESDAY



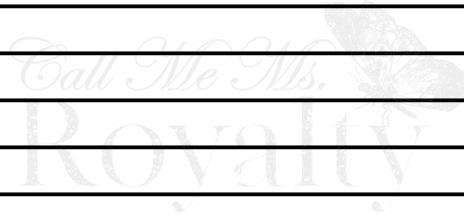
THURSDAY

FRIDAY

SATURDAY

Gratitude

The week's achievements...

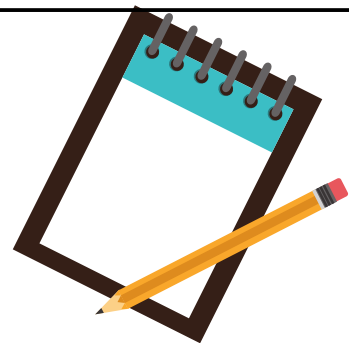


Something I learned this week is...

Something I want to learn more about is...

Something I am grateful for is...

Beautiful



Date:

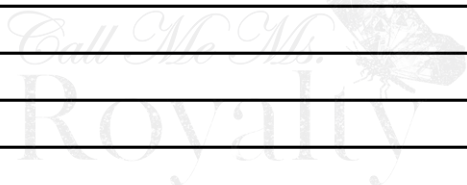
/ /

“Wait on the Lord: be of good courage, and He shall strengthen thine heart:
Wait, I say, on the Lord.”
- Psalm 27:14

Week

SUNDAY:

Call Me Ms. Royalty



MONDAY

TUESDAY



What ideas and visions do you have for your future? What can you do now to manifest them?

of _____

WEDNESDAY

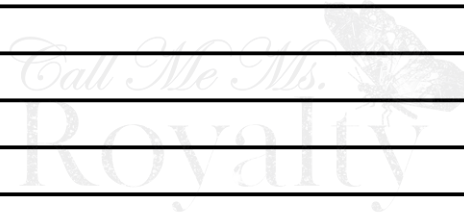
THURSDAY

FRIDAY

SATURDAY

Gratitude

The week's achievements...

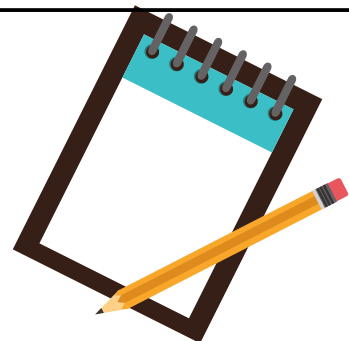


Something I learned this week is...

Something I want to learn more about is...

Something I am grateful for is...

inspire



“

“Make sure
your vessel is full.
You can't 'drive' on
empty”

~Ms.. Royalty

”

THU	FRI	SAT	SUN

Week

SUNDAY:

Call Me Ms. Royalty

MONDAY

TUESDAY



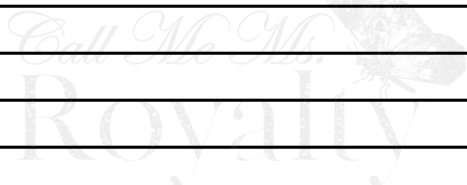
"Moments when I feel depressed I..."

Think of three positive, healthy practices you can implement.

Examples include meditation, reading scriptures/books, spending time with loved ones, etc.

of _____

WEDNESDAY



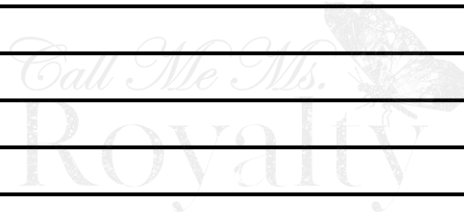
THURSDAY

FRIDAY

SATURDAY

Gratitude

The week's achievements...

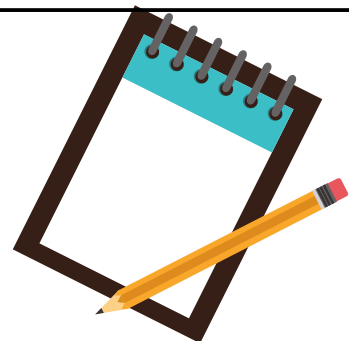


Something I learned this week is...

Something I want to learn more about is...

Something I am grateful for is...

*enjoy
every
moment.*



Date: / /

Lined writing area with multiple horizontal lines.

**“Wait on the Lord: be of good courage, and He shall strengthen thine heart:
Wait, I say, on the Lord.”
- Psalm 27:14**

Date: / /

“Wait on the Lord: be of good courage, and He shall strengthen thine heart:
Wait, I say, on the Lord.”
- Psalm 27:14

Week

SUNDAY:

Call Me Ms. Royalty

MONDAY

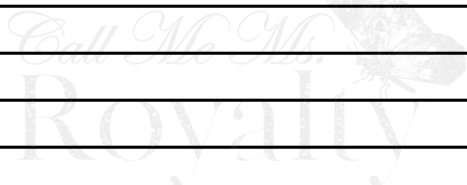
TUESDAY



Speaking good and positive confessions over ourselves not only lifts our spirits, but also increases our health. What is your confession for this week?

of _____

WEDNESDAY



THURSDAY

FRIDAY

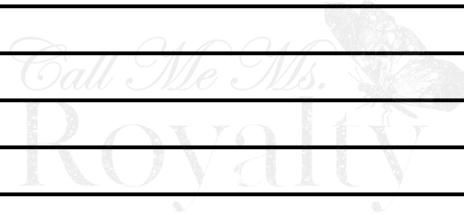
SATURDAY

Reflection



Gratitude

The week's achievements...



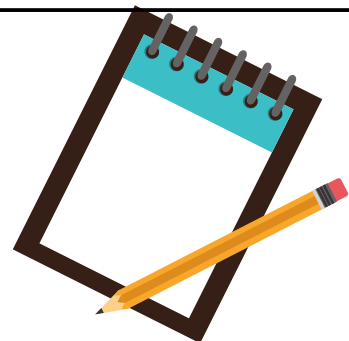
Something I learned this week is...

Something I want to learn more about is...

Something I am grateful for is...

Rise
and
Shine

www.callmemsroyalty.com



Week

SUNDAY:

Call Me Ms. Royalty

MONDAY

TUESDAY



We all have gifts, talents, etc. that can be used to help others, no matter how small we think they may be. How can I bless someone else this week?

of _____

WEDNESDAY

THURSDAY

FRIDAY

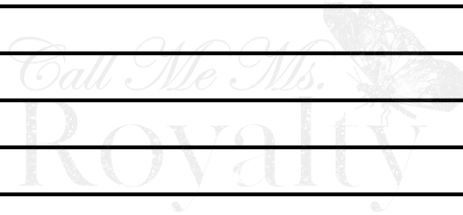
SATURDAY

Reflection



Gratitude

The week's achievements...

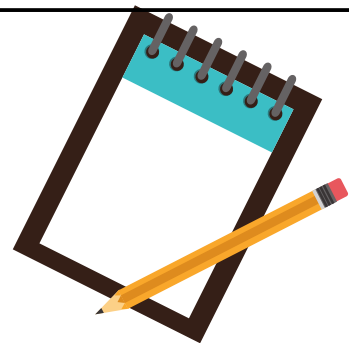


Something I learned this week is...

Something I want to learn more about is...

Something I am grateful for is...

Treat Yourself



Date: / /

"Wait on the Lord: be of good courage, and He shall strengthen thine heart:
Wait, I say, on the Lord."
- Psalm 27:14

Week

SUNDAY:

Call Me Ms. Royalty

MONDAY

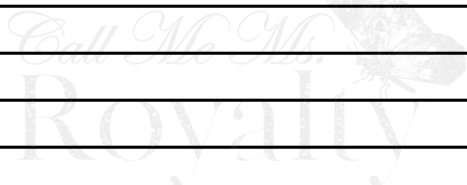
TUESDAY



What have I manifested this week?
Does it align with my vision and goals? What changes can I make to manifest more positive outcomes?

of _____

WEDNESDAY



THURSDAY

FRIDAY

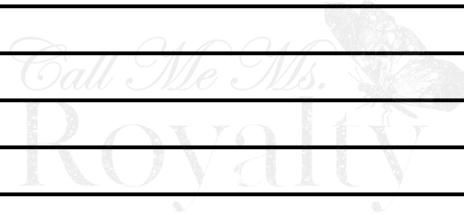
SATURDAY

Reflection



Gratitude

The week's achievements...

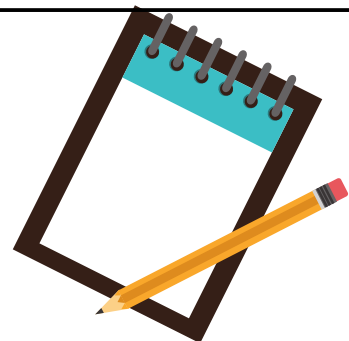


Something I learned this week is...

Something I want to learn more about is...

Something I am grateful for is...

Blessed



Date: / /

“Wait on the Lord: be of good courage, and He shall strengthen thine heart:
Wait, I say, on the Lord.”
- Psalm 27:14



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